



by April Franzino

**A spa facial might not fit into your holiday budget**, but you can give your skin TLC with an at-home mask. “Put it on just before you shower; the steam enhances the penetration of the ingredients,” says Marta I. Rendon, M.D., founder of the Rendon Center for Dermatology & Aesthetic Medicine in Boca Raton, Florida. Follow her tips below to choose the right mask for you.

**Skin type: OILY**

**Best formula:** Clay, which pulls out impurities and minimizes oil

**Our pick:** **Olay Professional Pro-X Clear Intensive Refining Sulfur Mask Sulfur Acne Treatment** (\$30, drugstores), made with 10 percent sulfur, which fights acne

**Skin type: COMBO**

**Best formula:** Gel, with exfoliators, like retinol and gentle acids, to help rejuvenate skin

**Our pick:** **Dr. Dennis Gross Skincare Age Erase Recovery Mask** (\$48, Nordstrom stores), a two-step self-heating treatment with retinol and ascorbic acid

**Skin type: DRY**

**Best formula:** Cream, infused with hydrators like shea butter, hyaluronic acid and natural oils

**Our pick:** **Caudalie Vinosource Moisturizing Cream-Mask** (\$40, Sephora stores), which contains nourishing grapeseed oil and hyaluronic acid